

**NEW
EDITION**



OUTLINE

HIGHLIGHT ACADEMIC PHRASES

IN EXAMINERS' ESSAYS



Enhance your IELTS learning smartly

PART 1

ESSAYS FROM

CAMBRIDGE IELTS

[Phần 1 này khuyến nghị dành cho các bạn đang ở trình độ IELTS writing 7.0+ và muốn đạt mục tiêu writing 7.5+]

HƯỚNG DẪN ÁP DỤNG TỪ VỰNG TRONG ESSAY MẪU VÀO ĐỀ THI THẬT

Trước khi đọc các bài luận mẫu, các bạn có thể tham khảo tính hiệu quả của việc sử dụng bộ tài liệu này thông qua việc cùng nhóm biên soạn sách giải đề thi thật IELTS writing task 2 sau.

Task 2: Around the world, many animal species become extinct. Some people believe that countries and individuals must try to solve this problem. Others believe that concentrating on problems of human beings is more important than those concerning species. Discuss both views and give your own opinion.

[Trích đề thi thật tại IDP ngày 30/12/2021]

Dưới đây là phần dàn ý, trong đó các ký hiệu E08= cụm từ lấy từ bài essay số 08. Tuy nhiên, như đã nhắc đến trong phần lưu ý ở đầu sách, nhóm biên soạn sử dụng cả các cụm từ không được highlight, qua đó khai thác triệt để các bài mẫu.

I am of the opinion that we should concentrate our efforts on preserving animal species.

1. On one side of the argument, we must COMBAT THE SITUATION (E08) of the human race.

- Experience low STANDARDS OF LIVING (E08)

While INDUSTRIALISED COUNTRIES (E06) have fully built their economies, developing and under-developed ones have not → PUT more RESOURCES (E03) into them → improve citizens' lives

- Need more social stability

NATURAL DISASTERS, POLITICAL EVENTS AND THE HORRORS OF WAR (E01) are still a part of life → these should be taken into consideration.

2. However, we must TACKLE THE PROBLEM OF (E16) mass extinction

- Food insecurity is a major issue

Animals are an important part of the food chain → extinction disrupts the balance of the ecosystem → cannot PROVIDE THE BASICS [E02] for the population

- Humans have the responsibility to prevent extinctions

Human activities cause ENVIRONMENTAL POLLUTION (E01), which lead to the disappearance of many animal species → the responsibility of protecting the environment and animals rests with humans

Như vậy, đã có 8 cụm từ trong số các bài essay của Cambridge (essay số 1 đến 20 – part 1) được sử dụng. Và nhóm biên soạn sách cũng tin chắc rằng các bạn hoàn toàn có thể khai thác được nhiều hơn.

Một số đề thi IELTS writing có thể được sử dụng phục vụ mục đích luyện tập và ghi nhớ từ vựng trong part 1 này

1. Despite the increased access to education, a significant number of adults cannot read or write. In what way can this be detrimental to society and what actions should governments take? **IDP TPHCM ngày 5/1**
2. Access to the internet possibly helps youngsters achieve their educational and their work related goals more easily than in the past. To what extent do you agree or disagree? **BC TPHCM ngày 11/12. Thi trên giấy.**
3. Around the world, many animal species have become extinct. Some people believe that countries and individuals must try to solve this problem. Others believe that concentrating on problems of human beings is more important than those concerning species. Discuss both views and give your own opinion. **IDP ngày 30/12/2021**
4. In recent times, economic growth has made some people richer in both developed and developing countries. While studies show that people in developing countries are happier now than before, people in developed countries are no happier than they were before. Why do you think this is and what lessons can be learnt from it? **BC HANOI ngày 25/12. Thi trên máy**
5. In many countries today, people buy a wide range of household goods (TVs, washing machines and so on). Is it a positive or negative development? **IDP TPHCM ngày 29/12. Thi trên máy**
6. Some people say that schools should teach good behaviour to children besides academic subjects. To what extent do you agree or disagree with this? **IDP TPHCM ngày 31/12. Thi trên máy.**
7. Nowadays, more and more people decide to have children later in their life. Why do you think people are doing this? What effects does it have on society and families? **IDP TPHCM ngày 27/12. Thi trên giấy.**
8. Many people argue that in order to improve educational quality, high school students are encouraged to make comments or even criticism of their teachers. Others think it will lead to loss of respect and discipline in the classroom. Discuss both views and give your own opinion. **BC ngày 20/1. Thi trên giấy**
9. Too much emphasis on education for young people. Some people think that some money should be spent on free-time activities. To what extent do you agree or disagree? **IDP Hanoi ngày 20/1. Thi trên máy**
10. Some people think that personal happiness is directly related to economic success. Others argue that happiness depends on different factors. Discuss both views and give your own opinion. **IDP HCM ngày 14/1. Thi trên máy**

Hiện tại team A&M đã biên soạn phần gợi ý cho các đề bài trên và một số đề thi thật khác nữa trong bộ sách "Ideas for actual IELTS writing questions". Các bạn có thể cập nhật cách thức nhận bộ tài liệu này bằng cách liên hệ đến fanpage IELTS Đình Thắng tại

<https://www.facebook.com/ieltsdinhtsang>

ESSAY 01 - NEWS

News editors decide what to broadcast on television and what to print in newspapers. What factors do you think influence these decisions? Do we become used to bad news? Would it be better if more good news was reported? (Cambridge IELTS 1)

- I. Impact of good news and bad news
 - "Good news is bad news" as it doesn't sell newspapers.
 - Radio station's failure after focusing on good news.
 - Commonness of bad news leads to its ignorance as a coping mechanism.

- II. Objectives of newspapers and TV stations
 - Aim to report world events accurately.
 - Main objective is to sell newspapers and attract listeners/viewers.
 - Tailoring news to suit listeners' preferences.

- III. Challenges of reporting real-world events objectively
 - Balancing audience requirements with honest and objective reporting.
 - Labeling good news as human interest stories.
 - Packaging good news in specialized programs.
 - Documentaries as a medium for conveying positive news.

ESSAY 02 – FATHERHOOD & MOTHERHOOD

***Fatherhood ought to be emphasized as much as motherhood. The idea that women are solely responsible for deciding whether or not to have babies leads on to the idea that they are also responsible for bringing the children up. To what extent do you agree or disagree with the statement?
(Cambridge IELTS 2)***

I. Introduction

- Roles within the partnership may be different but equally important
- Single parents have been supported in some societies, but traditional family remains satisfactory

II. Basic definition of "responsible for bringing the children up": Financial support, safety, and education

III. Alternative definition of "responsible for bringing the children up": Shared duties, spending time, direct involvement in education, active participation

IV. Conclusion

- Advocating shared responsibilities and active engagement
- Acknowledging the challenges in achieving this ideal due to economic and employment situations

ESSAY 03 – GOVERNMENT SPENDING/HEALTH

"Prevention is better than cure." Out of a country's health budget, a large proportion should be diverted from treatment to spending on health education and preventative measures.

***To what extent do you agree or disagree with this statement?
(Cambridge IELTS 3)***

I. Introduction

- Importance of prevention over cure
- Growing support for investing in health education and preventive measures

II. Benefits of early detection and treatment

- Economic argument: cost-effectiveness and savings
- Social and economic costs of delayed treatment

III. Difficulties in allocating budgets for prevent

- Difficulty in defining the proportion of the budget for prevention
- Diverting funds from treatment raises concerns

IV. Conclusion

- The need for an informed decision-making process
- Challenges in evaluating the effectiveness of health education campaigns and screening programs

ESSAY 04 – GENDER EQUALITY

The position of women in society has changed markedly in the last twenty years. Many of the problems young people now experience, such as juvenile delinquency, arise from the fact that many married women now work and are not at home to care for their children.

***To what extent do you agree or disagree with this opinion?
(Cambridge IELTS 3)***

I. Introduction

- The position of women in society has changed significantly in the past 20 years.

II. Reasons why women must go to work

- Young women are expected to find work after leaving school.
- Women continue to work after marriage due to financial pressures.

III. Reasons why women do not have to give up work

- Women no longer have to give up work to care for their children.
- Professionally-run childcare facilities and day nurseries have removed much of the responsibility for child-rearing.

IV. Conclusion

- Increase in working mothers does not result in children being brought up less well.
- Mothers can provide better for their children by earning extra money.
- Importance of balancing family life and working life.

ESSAY 05 – TRADITIONAL SKILLS AND WAYS OF LIFE

*When a country develops its technology, the traditional skills and ways of life die out. It is pointless to try and keep them alive.
To what extent do you agree or disagree with this opinion?*

I. Introduction

- Disagreement with the expressed opinion
- Clarification that traditional skills and ways of life are not limited to one country

II. Benefits of technology throughout history

- Technology as a driving force in the history of civilization
- Examples of technological advancements throughout history and their positive and negative impacts

III. Benefits of technology to preserving traditions

- Using the Internet to deliver education in remote areas
- Utilizing technology for preserving and distributing traditional products

IV. Conclusion

- Acknowledging the mixed nature of technology's impact
- Arguing against the viewpoint that keeping traditions alive with technology is pointless
- Recognizing the supportive role of technology in our way of life

Chỉ đọc sách hoặc làm vở từ vựng chứ không sử dụng từ vựng sẽ KHÔNG giúp bạn cải thiện khả năng viết. Nhất định bạn cần tự đặt cho mình chỉ tiêu cụ thể, ví dụ dùng ít nhất 05 cụm từ trong sách cho mỗi bài essay mà bạn viết ra.

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ESSAY 06 – CHILDREN TO DO PAID WORK

In many countries, children are engaged in some kind of paid work. Some people regard this as completely wrong, while others consider it as valuable work experience, important for learning and taking responsibility. What are your opinions on this issue?

I. Introduction

- The issue of children doing paid work is complex and sensitive.
- Difficulty in determining whether it is 'wrong' or 'valuable.'
- Varying opinions on the learning benefits.

II. Risks for children doing paid works

- Differentiating between types of work: arduous tasks vs. assisting in caregiving.
- Health and safety concerns.
- Exploitation by employers for cost-saving purposes.

III. Reasons why children must do paid-work

- Many children work due to their families' financial needs.
- Historical context of children contributing to family income in industrialized countries.
- Challenging to judge the morality of children working in such circumstances.

IV. Conclusion

- In better economic conditions, parents are less likely to send children to full-time paid work.
- Alternative options like part-time jobs or assisting at home provide value in children's development.

ESSAY 07 - HAPPINESS

Happiness is considered very important in life. Why is it difficult to define?

What factors are important in achieving happiness? (Cambridge IELTS 4 – test 2)

I. Introduction

- Happiness is subjective and varies among individuals.
- Different perspectives on happiness: wealth and material success, emotions and relationships, spiritual paths.

II. The reasons why defining happiness is so difficult

- Difficulty in finding a universal definition.
- Happiness is individually interpreted.
- Self-knowledge as a foundational step in achieving happiness.

III. Factors contributing to happiness

- Loving relationships, good health, skills for livelihood, and a peaceful environment.
- Not exclusive conditions for happiness.

IV. Another essential factor contributing to happiness

- Having a clear sense of priorities in life.
- Recognizing what matters (family welfare, quality relationships, others' happiness) and what doesn't (work problems, trivial issues).

V. Conclusion

- Achieving happiness requires self-knowledge and clear perspectives.

ESSAY 08 - EDUCATION

In many countries schools have severe problems with student behavior. What do you think are the causes of this? What solutions can you suggest? (Cambridge IELTS 4, test 4)

I. Introduction

- Poor student behavior is an increasingly widespread problem.
- Modern lifestyles are likely responsible for this issue.

II. Cause 1: Lack of good parenting

- Decreasing birth rates mean smaller families with fewer children.
- Children are often spoiled in materialistic ways.
- Parents lack time for love and attention.

III. Cause 2: Children have less consideration and respect

- Children grow up without consideration for others.
- They lack self-control and discipline.
- They have less respect for their teachers and refuse to follow school rules.

IV. Solutions

- The solution lies with families being more aware of the consequences of spoiling their children.
- Parents should raise their children to be considerate and socially responsible individuals.
- Parenting classes and high-quality nursery schools could help.

V. Conclusion

- The government should fund parental support programs.
- The problem of poor student behavior is no longer a problem for just individual families, but for society as a whole.

ESSAY 09 – TAKING A GAP YEAR

In some countries, young people are encouraged to work or travel for a year between finishing high school and starting university studies. Discuss the advantages and disadvantages for young people who decide to do this. (Cambridge IELTS 5, test 2)

I. Introduction

- It is common for young people to take a break after graduating from high school
- This trend is seen among students from all economic backgrounds

II. Advantages of taking a gap year after high school

- Gaining general knowledge and experience
- Developing a broader view of life
- Becoming more independent
- Coping with the challenges of student life

III. Disadvantages of taking a gap year after high school

- Risk of not returning to studies
- Difficulty readapting to an academic environment
- Choosing to continue with a particular job or different path

IV. Conclusion

- Encouragement for taking a gap year after high school
- Benefits of gaining a clear perspective
- Motivation for effective studying

ESSAY 10 – NATURE OR NURTURE

Research indicates that the characteristics we are born with have much more influence on our personality and development than any experiences we may have in our life.

Which do you consider to be the major influence?

(Cambridge IELTS 5, test 4)

I. Introduction

- Human psychology and mental development heavily influenced by genetic sciences
- The debate of nature vs. nurture on an individual's personality and development

II. The significance of inherited characteristics

- Research on identical twins shows the significant role of inherited characteristics in life
- Development of inherited characteristics depends on circumstances and experiences

III. The significance of life experiences on our personalities

- There is no one major influence on a person's life
- The constant interaction of inherited traits and life experiences shapes a person's personality

IV. Conclusion

- Both nature and nurture have powerful effects on an individual's personality and development
- The interaction between nature and nurture is still largely unpredictable in a person's life.

ESSAY 11 – SPORTS PROFESSIONALS

Successful sports professionals can earn a great deal more money than people in other important professions. Some people think this is fully justified while others think it is unfair.

***Discuss both these views and give your own opinion.
(Cambridge IELTS 6, test 2)***

I. Introduction

- Constant media attention has turned sports professionals into stars and celebrities with huge salaries.

II. Arguments against sports professionals earning high salaries

- People criticize sports stars for making more money than top surgeons, research scientists, and leading politicians, who contribute more to society.
- Sports salaries are determined by popularity and public support, not responsibility or contribution.

III. Arguments for sports professionals earning high salaries

- The number of talented professionals in sports is small, and their skills and dedication justify high salaries.
- Constant competition and intense media pressure also contribute to the justification of high earnings.

IV. Conclusion

- Sports stars' salaries are more justified than those of movie stars
- It reveals that society values sports more than essential professions and achievements.

ESSAY 12 - LIFESTYLE

Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing. Discuss both these views and give your own opinion.
(Cambridge IELTS 6, test 4)

I. Introduction

- The pace of change in human life has increased drastically due to technological and scientific breakthroughs.
- Change is an inescapable fact of life that we must constantly adapt to.

II. Arguments advocating for change

- People who believe in the security of familiar routines are in denial of change.
- Even those who resist change cannot stop the world from changing.
- Familiar jobs and patterns of behavior may no longer be appropriate.

III. Arguments against change

- New innovations are not always made for the benefit of the majority.
- Many changes are imposed by the rich and powerful for their own interests.

IV. Conclusion

- Change can be energizing when pursued by individuals.
- However, imposed changes may not have good outcomes.

ESSAY 13 – NATURAL TALENTS

It is generally believed that some people are born with certain talents, for instance for sport or music, and others are not. However, it is sometimes claimed that any child can be taught to become a good sports person or musician.

***Discuss both these views and give your own opinion?
(Cambridge IELTS 7 test 2)***

I. Introduction

- The debate about the importance of natural talent and training in determining levels of ability in sports, art or music is a common topic.

II. The importance of education systems and teaching

- The education system believes that children can acquire different skills with continued teaching and guided practice.

III. The importance of innate talent

- Some people believe that innate talent differentiates a good player from someone who has been trained.

IV. The equal importance of training and talents

- Innate talents inherited through genes can give individuals a facility for certain skills that allows them to excel, but both natural talent and training are important.

V. Conclusion

- Any child can be taught particular skills, but to excel in areas such as music, art, or sport, some natural talent is required in addition to training.

ESSAY 14 – JOB SATISFACTION

As most people spend a major part of their adult life at work, job satisfaction is an important element of individual wellbeing. What factors contribute to job satisfaction?

How realistic is the expectation of job satisfaction for all workers? (Cambridge IELTS 7, test 3)

I. Introduction

- Importance of job satisfaction in an individual's life

II. The first factor that contributes to job satisfaction: feeling valued at work

- Positive feedback from superiors
- Sense of fulfillment through meaningful work

III. Other factors that contribute to job satisfaction

A. Opportunities for growth and development

- Skill development through training
- Sense of progression and purpose

B. Positive work environment

- Sense of belonging to a team or community
- Responsibility and loyalty to a team

IV. Reasons why people have no job satisfaction

- Lack of job options.
- Jobs that don't match skills or personality.
- Repetitive and boring jobs.
- Poor labor relations.

V. Conclusion

- Job satisfaction can be improved by implementing identified factors.

ESSAY 15 – MORAL VALUES

Some people think that parents should teach children how to be good members of society. Others, however, believe that school is the place to learn this. Discuss both these views and give your own opinion?
(Cambridge IELTS 8, test 1)

I. Introduction

- Education is not just about learning information and basic skills.
- Teaching the next generation to be good members of society is a vital responsibility.

II. Advantages of educating children at home

- Importance of teaching children to obey rules and respect others in the home.
- Responsibility of parents to help children learn what is important in life.

III. Advantages of educating children at school

- Learning to understand and share the value system of a whole society.
- Teachers and peers have a significant influence in shaping children's values.

IV. Conclusion

- Being a valuable member is a lifelong process.
- Responsibility of every member of society to help younger generations become active and able members.

Một số bạn HIẾU LÀNH là chỉ nên quan tâm đến các từ vựng được highlight. Thực tế là một số cụm từ không được highlight cũng rất hữu ích tuy nhiên do giới hạn về việc trình bày nên team không highlight hết các cụm từ tốt được mà bạn sẽ cần hiểu rằng: Tất cả các cụm từ mà bạn thấy đều có những giá trị sử dụng nhất định, quan trọng là bạn có nhìn thấy giá trị của chúng và sử dụng chúng hay không.

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ESSAY 16 – TRAFFIC & POLLUTION

***Increasing the price of petrol is the best way to solve growing traffic and pollution problems. To what extent do you agree or disagree?
(Cambridge IELTS 8, test 3)***

I. Introduction

- Traffic and pollution caused by vehicles are significant problems.

II. Limitations of Fuel Costs Increase

- Private car use is a leading cause of traffic and pollution.
- Increasing fuel costs may not limit the number of drivers in the long run.
- Higher fuel costs will affect the cost of public transport.

III. Better methods

A. Developing Cleaner Fuels

- Cleaner fuels, such as electric cars, need to be developed.
- Persuading manufacturers and travelers to adopt new technology is key.

B. Improving Public Transport Services

- Changing the type of private vehicles is not enough to solve traffic congestion.
- Public transport services must be improved, such as building sufficient sky trains and underground train systems.
- Long-distance train and coach services should be affordable and attractive alternatives to driving.

IV. Conclusion

- To reduce traffic and pollution, public transport use must be increased.
- Governments should use public money to construct and run efficient systems.

ESSAY 17 – LANGUAGE EDUCATION

Some experts believe that it is better for children to begin learning a foreign language at primary school rather than secondary school. Do the advantages of this outweigh the disadvantages? (Cambridge IELTS 9, test 1)

I. Introduction

- Traditional foreign language learning starts in secondary school.
- Some educationalists recommend introducing it earlier.
- Positive and negative outcomes of the policy.

II. Advantages of early language learning

- Young children have an easier time learning languages.
- Greater flexibility in primary school timetable.
- Play-centered approach maintains enthusiasm and progress.
- Early exposure benefits command of language and understanding of other cultures.

III. Disadvantages of early language learning

- Primary school teachers may not have necessary skills.
- Bringing in specialists diminishes flexibility.
- Non-standardized primary language teaching can result in classroom disparities.
- Enthusiastic pupils may become demotivated when changing schools.

IV. Conclusion

- Encouraging language learning benefits society.
- Early exposure to language learning contributes to cultural and economic benefits.
- Young children's innate abilities should be harnessed for better outcomes.

ESSAY 18 – PUBLIC HEALTH

Some people say that the best way to improve public health is by increasing the number of sports facilities. Others, however, say that this would have little effect on public health and that other measures are required. Discuss both these views and give your own opinion. (Cambridge IELTS 9)

I. Introduction:

- Declining level of health in modern societies

II. Advantages of providing more sports facilities

- Advocates' view: Sedentary lifestyle and stressful working conditions
- Benefits of easy-to-reach local sports centres
- Variety of sports cater for all ages, levels of fitness, and interests

III. Alternative ways to tackle the problem

- Concerns about the effectiveness of additional sports facilities
- Encouraging physical activity by installing exercise equipment in parks
- Imposing high tax penalties on unhealthy products
- Improving public transport

IV. Conclusion:

- Focusing on sports facilities alone is not enough
- Adopting a healthier lifestyle in general is crucial

ESSAY 19 – MORAL VALUES

*It is important to learn the difference between right and wrong at an early age. Punishment is necessary to help them learn this distinction. To what extent do you agree and disagree with this opinion? What sort of punishment should parents and teachers be allowed to use to teach good behavior to children?
(Cambridge IELTS 10, test 1)*

I. Introduction

- The development of a conscience in children is an important stage in their growth, as it helps them to distinguish between right and wrong.
- Good parenting and time are crucial for this development, while punishment may not be effective.
- Therefore, the author disagrees with the statement that punishment is necessary for a child's moral development.

II. Disadvantages of Punishment for young children

- Punishing a very young child is wrong and foolish, as they may not understand the reason for their punishment.
- However, once a child reaches the age of reason, they can be encouraged to exhibit good behavior and discouraged from bad behavior.

III. Appropriate methods of discipline

- Parents and teachers should provide good role modeling
- Physical punishment should be avoided as it sends the wrong message and can lead to future bullying.

IV. Conclusion

- A variety of discipline methods such as detention, withdrawal of privileges, and time-out can be used effectively.
- Punishment should be non-physical and fit the crime
- These methods lead to much better future behavior.

ESSAY 20 – INTERNATIONAL TRADE

Countries are becoming more and more similar because people are able to buy the same products anywhere in the world. Do you think this is a positive or negative development? (Cambridge IELTS 10, test 3)

I. Introduction

- Discuss the global spread of products and its effect on culture and traditions worldwide

II. Disadvantage 1: Loss of richness and diversity

- Manufacturing artifacts are an integral part of a country's history, language, and ethos
- Relentless advance of international brands may oust traditional objects of a nation

III. Disadvantage 2: Loss of employment opportunities

- Traditional products provide employment for local people
- Spread of multinational products may result in a loss of jobs for old-school craftspeople

IV. Disadvantage 3: Negative impact on tourism

- Travelers become disillusioned with seeing the same products everywhere
- Unique souvenirs and trinkets encourage tourists to spend more

V. Conclusion

- Local objects are better suited to local conditions
- Faceless uniformity worldwide is an unwelcome and dreary prospect.

ESSAY 21 – CAREERS

Some people work for the same organisation all their working life. Others think that it is better to work for different organisations. Discuss both these views and give your own opinion. (The Official Cambridge guide to IELTS, test 1)

I. Introduction

- Most people uncertain about staying with one organization throughout their career
- Importance of considering the impact of career change

II. Benefits of staying with one organization

- Familiarity with staff and processes
- Good promotion prospects and job security
- Employers value loyalty and may offer incentives

III. Drawbacks of staying with one organization

- Risk of getting stuck in the same job, leading to boredom and disillusionment
- Strategic career moves can bring variety, skills, and experience

IV. Conclusion

- Change is good if planned carefully
- Benefits to both employee and employer

ESSAY 22 – LIFE EXPECTANCY

One of the consequences of improved medical care is that people are living longer and life expectancy is increasing. Do you think advantages outweigh disadvantages?

(The Official Cambridge Guide to IELTS, test 2)

I. Introduction

- People are now living longer than their grandparents.
- A longer life is only desirable if one can be independent.

II. Drawbacks of Increase in the elderly population

A. Lack of hospital beds

- Hospitals in some countries have a shortage of beds due to the growing number of elderly people.
- Medical treatment is keeping the elderly alive, but at what cost to others?

B. Dementia

- Dementia is one of the biggest medical problems today.
- Even healthy elderly people may require expensive care, which can be a burden for their families.

III. Benefits of healthy aging and enough savings

- Healthy elderly people can enjoy their retirement and remain active.
- They can also help take care of their grandchildren, which is beneficial for working parents.

IV. Conclusion

- We should aim to keep people healthy so that they can enjoy their old age independently.
- A longer life expectancy is advantageous, but not if it causes problems for others.

ESSAY 23 – CAR OWNERSHIP

Car ownership has increased so rapidly over the past thirty years that many cities in the world are now 'one big traffic jam'. How true do you think this statement is? What measures can governments take to discourage people from using their cars?

(The Official Cambridge Guide to IELTS, test 3)

I. Introduction

- Car ownership has increased in recent years, causing problems, particularly in built-up areas.
- Governments need to take action to address this issue.

II. Agreement with the statement

- Traffic varies in different cities
- Some cities have congested traffic at all times

III. Measures

A. Encouraging public transport

- Well-run and affordable transport facilities
- Buses, trams, and trains are good ways of getting around

B. Building car parks and shopping centres on the outskirts

- Encourage people to enter the city less
- Provide bus transport to the centre

C. Campaigns to reduce car usage

- Encourage people to be less dependent on their cars by campaigns
- Short journeys to the supermarket or local school are often unnecessary

IV. Individual responsibility

- We all have a responsibility to look after our cities
- Governments should encourage individuals to consider alternatives to driving

ESSAY 24 – FAST FOOD

In some countries an increasing number of people are suffering from health problems as a result of eating too much fast food. It is therefore necessary for governments to impose a higher tax on this kind of food.

To what extent do you agree or disagree with this opinion?

(The Official Cambridge Guide to IELTS, test 4)

I. Introduction

- The growth of fast food industry's impact on eating habits and health
- Debate over whether higher tax would improve situation

II. Arguments for a higher tax on fast food

- Healthcare system spends large budget on diet-related health problems
- Tax could help fund healthcare system

III. Arguments against a higher tax on fast food

- Lower income groups consume more fast food
- Fast food is cheaper than fresh produce due to subsidies
- Families cannot afford healthy food or higher taxes on fast food

IV. Conclusion

- Imposing higher tax on fast food is not the answer
- Would lead to greater poverty and families facing further hardship

ESSAY 25 - TECHNOLOGY & SURVEILLANCE

Nowadays technology is increasingly being used to monitor what people are saying and doing (for example, through cellphone tracking and security cameras). In many cases, the people being monitored are unaware that this is happening. Do you think the advantages of this development outweigh the disadvantages?

(The Official Cambridge Guide to IELTS, test 5)

I. Introduction

- Introduction to the issue of constant surveillance due to technology advancements
- Question whether this is a positive development or not

II. Pros of constant surveillance

Seeing a camera may make criminals think twice about breaking into a building

- Security cameras and cell phone logs may deter crime and provide useful evidence

III. Cons of constant surveillance

- Invasion of privacy, especially in countries with no respect for human rights
- Personal information and photographs uploaded to social networking sites can be easily viewed by others and used for financial gain by site owners

IV. Conclusion

- It is our responsibility to evaluate new technology and determine whether it does more harm than good
- Freedom is valuable and should not be sacrificed for technological progress.

ESSAY 26 – STUDY ABROAD

In the past, when students did a university degree, they tended to study in their own country.

Nowadays, they have more opportunities to study abroad.

What are the advantages and disadvantages of this development? (The Official Cambridge Guide to IELTS, test 6)

I. Introduction

- The Pursuit of Knowledge is valued by most cultures
- More options available in the 21st century

II. Advantages of studying abroad

- Excellent reputation of universities in different countries
- Increase chances of securing a decent position back home
- Opportunity to form friendships with people of various nationalities
- Enables young people to become more independent and self-sufficient

III. Disadvantages of studying abroad

- Struggle to adapt to new environment
- Suffer from severe culture shock
- Maturity level of student affects coping ability
- Different approaches to teaching and learning

IV. Conclusion

- An open mind is key to a good experience
- Seize the opportunity to study abroad if presented with the chance

ESSAY 27 - SPORT

In many parts of the world, there is continuous coverage of sport on television.

Some people believe this discourages the young from taking part in any sport themselves.

Discuss this view and give your own opinion.

(IELTS Trainer 1, Test 1)

I. Introduction

- Young people are less interested in sports and exercise
- The cause is sedentary work and preference for relaxation

II. Negative aspects of watching sports programmes

- Watching sports can make some people spend too much time on TV
- This can prevent them from participating in sports because of lacking spare time

III. Positive aspects of watching sports programmes

- Watching can encourage some people to take up sports
- It can make us want to be active and participate

IV. Conclusion

- If someone likes sport as a spectator or as a participant, they will never want to take part in
- If someone enjoys being active and joining in, sports programmes won't stop them

ESSAY 28 - SHOPPING

In the past, shopping was a routine domestic task. Many people nowadays regard it as a hobby.

To what extent do you think this is a positive trend?

(IELTS Trainer 1, Test 2)

I. Introduction

- Shopping used to be a chore but now it's a leisure activity
- Debating whether this is a wholly positive development

II. Benefits of modern shopping

A. Better shopping experiences at the present

- Earlier generations had limited range and credit was not available
- Shoppers nowadays can find almost anything in one place
- Comfortable environment and variety of goods make shopping enjoyable

B. Impact on families

- With many parents working, families have little time together
- Shopping malls provide an opportunity for families to spend time together
- Lack of time for other activities such as sport is a concern

III. Negative effects on young people

- Influence of advertising and availability of credit card
- Temptation to buy unnecessary items and fall into debt
- Meeting friends to go swimming is a healthier alternative

IV. Conclusion

- Shopping now is less tedious but not necessarily a positive trend
- May benefit retailers but not consumers if it replaces other healthier activities

ESSAY 29 - JOBS

Some people argue that it is more important to have an enjoyable job than to earn a lot of money. Others disagree and think that a good salary leads to a better life. Discuss both these views and give your own opinion.
(IELTS Trainer 1, Test 3)

I. Introduction

- Money is essential for survival, but it does not guarantee happiness.
- Enjoyable job with a good salary is ideal, but not always possible.
- Limited job choices due to lack of education or family obligations.

II. Drawbacks of a good salary

- A job that one enjoys or fewer work hours can improve the quality of life.
- Cannot prioritize family time over work.

III. Benefits of a good salary

- Having plenty of money can make life easier and less stressful.
- Better access to healthy food and gym membership.

IV. Conclusion

- Having a job one enjoys is important for overall happiness and well-being.
- People may need less money than they think, as wasteful spending can be avoided.

ESSAY 30 - THE INTERNET

It is generally believed that the Internet is an excellent means of communication but some people suggest that it may not be the best place to find information.

Discuss both views and give your own opinion.

(IELTS Trainer 1, Test 4)

I. Introduction

- The Internet has become a normal part of everyday life for people
- People use the Internet for various purposes
- Social networking groups allow people to stay in touch with friends and family

II. Arguments for finding Information Online

- There are many reliable websites where people can find information
- However, caution should be exercised when using information from the Internet as there are also unreliable sources

III. Arguments against finding Information Online

- Some students use websites that offer ready-made assignments, but these sites may contain factual errors or biased views
- Submitting work from these sites is also considered cheating and can lead to serious consequences

IV. Conclusion

- Despite the risks, the Internet offers opportunities for people all over the world to study and do business on an equal footing
- When used intelligently, the Internet is an excellent way to communicate and find information.

ESSAY 31 - CHILDREN AND EDUCATION

In some countries, it is thought advisable that children begin formal education at four years old, while in others they do not have to start school until they are seven or eight.

How far do you agree with either of these views?

(IELTS Trainer 1, Test 5)

I. Introduction

Starting academic education at a young age in some parts of the world:

- Using books and computer games to teach counting and letters
- Choosing a school that focuses on academic ability
- Equipping children to take competitive entrance examinations for other schools

II. Late academic education: Children in some countries start studying later

- Spending early childhood in play school or at home
- Focusing on activities such as storytelling, painting, building, swimming, and playing
- No reading until around seven years old

III. Personal view: Both methods can produce successful academics

- Age of reaching university is similar around the world
- Brilliance in science or other fields can come from different educational starts

IV. Conclusion

- Early academic education may not produce a balanced personality
- Learning through play and developing social skills is essential
- Academic ability will manifest naturally as the child develops

ESSAY 32 - VEGETARIANISM

Some people choose to eat no meat or fish. They believe that this is not only better for their own health but also benefits the world as a whole. Discuss this view and give your own opinion.

(IELTS Trainer 1, Test 6)

I. Introduction

- Mention of various factors behind the number of vegetarians such as traditions, wealth, religion, and age group
- The reasons for this trend may vary

II. Arguments for choosing vegetarianism

A. Impacts on health

- Health benefits and concerns related to excessive meat consumption
- Examples of healthy populations in meat-free regions
- Importance of considering alternative protein sources

B. Impacts on the environment

- Environmental impact and global warming concerns
- Preservation of food resources and potential solution to food shortages

III. Arguments against choosing vegetarianism

- Rebellion as a potential reason, particularly among teenagers
- Parents should not raise objections against vegetarianism

IV. Conclusion

- Acknowledgment of the principle of vegetarianism and proven health benefits
- Recognition that vegetarianism may not be suitable for everyone
- Doubts about the universal adoption of vegetarianism

ESSAY 33 - SMARTPHONES

Many people nowadays spend a large part of their free time using a smartphone. What do you think are the reasons for this? Do you think this is a positive or negative development? (IELTS Trainer 2, Test 1)

I. Introduction

- People spend a lot of leisure time on smartphones or similar gadgets.

II. Reasons for high smartphone use

- Our lives are managed through these devices
- It's difficult to conduct social lives without a mobile device

III. Drawbacks of smartphone use

- Phone use can become addictive
- Can cause insomnia and other mental health problems

IV. Benefits of smartphone use

- Provides information and entertainment during free time
- Facilitates activities such as making arrangements to meet with friends

V. Conclusion

- Smartphones enhance our lives rather than spoil our health or reduce enjoyment of free time.

ESSAY 34 - TAX

Some people feel that governments should take a large proportion of people's salaries to pay for necessary public services such as roads and schools. Others feel that high taxes are a bad thing. Discuss both views and give your own opinion.
(IELTS Trainer 2, Test 2)

I. Introduction

- The need for governments to have funds to pay for infrastructure and public services.
- Should people be taxed for these funds?

II. Arguments for high taxation:

- Ensuring high-quality public services
- Making the wealthy bear the biggest burden of paying for services for everyone's benefits

III. Arguments against high taxation:

- Loss of incentive to work hard
- Resentment and strategies to avoid paying taxes

ESSAY 35 - ENDANGERED SPECIES

Many people feel it is a waste to try to save endangered animal species, for example the tiger or the blue whale.

To what extent do you agree or disagree with this statement?

(IELTS TRAINER 2, Test 3)

I. Arguments against using resources to protect animals

- Focus on human suffering
- Argument against encouraging tiger populations
- Allow nature to take its course and let failing species die out

II. Counter arguments for protecting vulnerable species

- Enhances human existence
- Moral and ethical duty to care for weaker species
- Biodiversity promotes practical benefits for humans

III. Conclusion

- Every effort should be made to protect as many species as possible
- Practical, moral, and aesthetic reasons to do so.

ESSAY 36 - TRAVEL

These days it is much easier for many people to travel to different countries for tourism than in the past. Do the advantages of this development outweigh the disadvantages?
(IELTS Trainer 2, Test 4)

I. Introduction

- More opportunities for travel with cheaper fares and better transportation

II. Benefits of international tourism

- Greater awareness of other cultures
- Access to art, customs, and cuisine of different countries for all economic classes nowadays

III. Drawbacks of international tourism

- Damage to culture and environment in some resorts and countries
- Uneven distribution of employment and income
- Profits often taken out by multinational corporations
- Contributing to harmful climate change

IV. Conclusion

- The damage inflicted on the environment, social structures, and individuals outweigh the advantages of travel.

ESSAY 37 - AGRICULTURE AND TECHNOLOGY

Scientific developments in farming always bring major benefits. To what extent do you agree or disagree with this statement?
(IELTS Trainer 2, Test 5)

I. Introduction

- Overview of recent high-profile innovations in farming based on scientific research

II. Benefits of scientific developments in agriculture

- Identification of pests and creation of means to destroy them
- Transformation of farmers' ability to grow and sell crops
- Creation of strains of crops resistant to pests and diseases

III. Drawbacks of scientific developments in agriculture

- Pesticides may damage beneficial organisms and pests
- Effects on bee population and food supplies
- Possible exacerbation of human diseases

IV. Conclusion

- Importance of understanding the effects of innovations before it is too late

ESSAY 38 - TIME MANAGEMENT

In many parts of the world, children and teenagers are spending more and more of their time indoors. What do you think is the cause of this problem? What measures could best be taken to solve it?
(IELTS Trainer 2, Test 6)

I. Introduction

- Many young people in my country prefer staying at home and using screens instead of going outdoors
- This is a recent change from 15 years ago when outdoor activities were more popular

II. Reasons for the change

- Pressure on youngsters to study hard to secure employment leaves less time for outdoor activities
- Access to study can now be done at home, reducing the need to go out
- Public spaces, such as playing fields, are being built on, leaving fewer places to play safely

III. Solutions

- Governments should ban construction on playing fields and give tax incentives for creating new play areas
- Schools should give higher status to outdoor activities and reduce emphasis on academic subjects
- Encouraging children to spend time outdoors from a young age will develop lifelong habits.

ESSAY 39 - COLOUR

Psychologists have known for many years that colour can affect how people feel. For this reason, attention should be given to colour schemes when decorating places such as offices and hospitals.

How true is this statement?

How far does colour influence people's health and capacity for work? (Complete IELTS bands 6.5-7.5, Unit 2)

I. Introduction

- The influence of color on people's lives.
- Different effects of color in consumer goods and public buildings.

II. The impact of color in offices

- The importance of equipment and technology rather than the color of walls.
- People's indifference to the color of office walls.
- People's focus on work instead of being influenced by color.

III. The effect of color in hospitals

- The significance of healthcare quality and the qualifications of doctors.
- Patients' inattention to the colors of the ward.
- The lack of reliable evidence of the effect of color on health.

IV. Conclusion

- The limited role of color in public places.
- People concentrate on more important matters in public places.
- The little impact of color in public places.

ESSAY 40 - SOCIAL GAP

***Some modern artists receive huge sums of money for the things they create, while others struggle to survive. Governments should take steps to resolve this unfair situation. To what extent do you agree or disagree?
(Complete IELTS bands 6.5 - 7.5, Unit 4)***

I. Introduction

- Artists have to work hard to survive on their income from selling products
- Some artists are successful, while many others never achieve success
- Governments cannot or should not interfere

II. Reason 1

- People are willing to pay for something they admire and feel is unique, beautiful, or skillful
- It would be unfair for any government to prevent artists from charging a high price

III. Reason 2

- Successful artists develop a reputation and can raise prices over time
- Lesser-known artists must accept the situation if they choose to continue in art

IV. Conclusion

- People should be free to spend their money as they wish
- Some artists may have to find other ways to earn a living if they are not successful

ESSAY 41 - INFORMATION TECHNOLOGY

Information technology is changing many aspects of our lives and now dominates our home, leisure and work activities.

To what extent do the benefits of information technology outweigh the disadvantages?

(Complete IELTS bands 6.5 - 7.5, Unit 6)

I. Introduction

- Mobile technology has become a crucial part of our lives.
- There are advantages to it but also possible detrimental effects that need to be guarded against.

II. Benefits of mobile technology

- People no longer have to work in an office, helping them manage their daily lives better.
- Work can continue outside the office, which is beneficial for those with long commutes.

III. Potential negative effects of mobile technology

- The convenience of teleworking may lead to overwork and neglect of health and relationships.
- Working on a computer for extended periods can cause health problems.
- Use of mobile technology on public transport can disturb others.

IV. Conclusion

- Despite the advantages, we must keep an eye on our reliance on mobile technology.
- Without caution, the disadvantages may outweigh the benefits.

ESSAY 42 - SPACE EXPLORATION

Some people argue that space exploration has had more to do with national pride than international effort.

To what extent do you agree with this?

How do you think space exploration will change in the future? (Complete IELTS bands 6.5 - 7.5, Unit 8)

I. Introduction

- Humans have explored space in the last century
- Nations established their space programs independently
- The situation has changed over time with more cooperation

II. Reasons for nations working alone on their space technology

- Governments were not used to international collaboration
- Russia and North America viewed space exploration as a race

III. Changes in space exploration: International effort

- The space race has slowed down
- More emphasis on research with robots and shuttles
- Collaboration is more common, including the development of the International Space Station

IV. The future of space exploration

- Much remains to be explored, such as landing an astronaut on Mars
- Nations will work together in many areas, but natural rivalry will continue.

ESSAY 43 - EDUCATION

Graduates who cannot find work in their chosen field should be advised to do a second degree, rather than taking a job that does not interest them.

To what extent do you agree with this statement?

(Complete IELTS bands 6.5 - 7.5, writing reference 1)

I. Introduction

- Difficulty of finding a good job after university due to high competition
- Debate over whether to take a second degree if suitable employment cannot be secured

II. The first consideration

- Universities charge high fees for courses
- Some students have to borrow money to fund studies
- Not advisable to continue this situation if no desire to study further

III. The second consideration

- Acceptance of lack of job opportunities
- Patience and working up the career ladder as a solution
- Personal example of the author's father

IV. Advantages of a Second Degree

- Natural progression for those wishing to enter a certain profession or pursue research
- Advisable to continue studies if financially feasible in current economic climate

V. Conclusion

- Difficulty of decision
- Discouragement of those who do not want to continue studying or cannot afford it
- Suggestion to start working unless already planning for postgraduate studies.

ESSAY 44 - PRIVACY

Some people believe that technological tools such as body scanners and CCTV have significantly enhanced our safety and security, while others feel that they have resulted in a loss of privacy.

Do the benefits of these items outweigh their disadvantages?

(Complete IELTS bands 6.5 - 7.5, writing reference 2)

I. Introduction

- Information technology has rapidly progressed and become a part of our society.
- The importance of using technology for the right purposes.

II. Positive aspects

A. CCTV Surveillance

- CCTV makes public places safer for people.
- It reduces anxiety for those traveling in the evening and is welcomed by staff working at night.

B. Scanners

- Scanners provide heightened security and ease concerns in flying.
- Most passengers don't mind the additional wait as long as the process is efficient.

III. Negative aspects

- Every invention receives criticism.
- The possibility of misuse of data gathered by CCTV and scanners is an abuse of personal privacy.

IV. Conclusion

- It is up to us to ensure that technology is used wisely.
- Complacency should be avoided.

ESSAY 45 - ANIMAL LIFE

Recent research has confirmed that 'human activity has become the greatest threat to plant and animal life'.

Why do you think this has happened?

How can we reduce our impact on the natural world?

(Complete IELTS bands 6.5 - 7.5, writing reference 3)

I. Introduction

- Human beings responsible for loss of wildlife
- Need to recapture harmony with nature

II. Reasons for threatened wildlife

A. Loss of Habitat

- Main reason for wildlife threat
- Human construction leads to loss of plants, trees, and animal territories

B. Global Warming

- Increasing urban development leads to global warming
- Shift in weather patterns resulting in drought, flooding, and heatwaves affecting wildlife

III. Solutions

A. Individual Action

- Treat the countryside with respect
- Avoid activities that harm animal life
- Participate in projects or donate to charities that protect the natural world

B. National and International Efforts

- Encourage sustainable building practices and limit urban growth
- Reduce human activities that contribute to global warming
- Sign treaties to collaborate in protecting diverse species

IV. Conclusion

- Human activity threatens plant and animal life
- Time to redress the situation to prevent endangering our own species.

ESSAY 46 - HEALTH

These days, too many people maintain their health by relying on doctors and medicine, rather than by following a healthy lifestyle.

To what extent do you agree with this statement

(Complete IELTS bands 6.5 - 7.5, Practice Test)

I. Introduction

- Importance of taking responsibility for one's health

II. Reasons for relying on doctors and medicine

- Lack of time and money for nutritious meals
- Busy schedule affecting physical activities
- Health problems caused by unhealthy eating and inactive lifestyle
- Possible need for medical treatment due to inactivity and illness

III. Turning point for change

- Change usually happens after medical problems arise
- Importance of maintaining a healthy lifestyle

IV. Conclusion

- Most people try to live a healthy lifestyle, with varying degrees of success
- Only a small proportion of the population rely solely on medical professionals for their health.